



## Phyto-rx Blends Info Sheet



Phyto-rx Essential Oil Fusion Blends are produced in London, Ontario from top quality analytically tested pure essential and carrier oils from ATL International with a Phyto-Ceramide™ Bio-active complex by Dr. Mila Emerald for faster penetration of dermatological barrier. They contain NO synthetic additives or preservatives, glycols, mineral oil, gluten, colorants and are not tested on animals.

Dr. M. Emerald has over 14 years of experience in basic science and over 19 years experience in natural product formulation and development, phyto-pharmaceuticals, as well as natural skin care, cosmetics and perfumery.

### SUGGESTED USES:

- Apply 1-2 drops topically to affected area
- Apply to wrists OR third eye, temple area and under nose
- Rub 1-2 drops of blend into palms and inhale into the nose for 15-30 seconds
  - To use as massage oil, add 10 drops blend per ounce of carrier oil
- Add 4-6 drops into warm bath water mixed with Epsom or other bath salt
  - Add 3-4 drops to boiling water for steam inhalation
- Use in aroma diffuser; add 3-5 drops of Blend to 1 teaspoon of carrier oil (Olive, Sunflower, etc...) and 1 teaspoon of water

### SAFETY:

A Skin Patch Test must be done before use. Do not ingest. For external use only. Keep out of reach of Children. Use minimum amount as suggested on the label. Do not use if you have serious health conditions, are pregnant or lactating, or are taking sedatives. Store away from heat and sunlight. Discontinue use if irritation occurs.

Sherry Simoes, Exclusive Distributor (Ontario, Canada)  
519-871-7224 [sherry@allthingsholstic.net](mailto:sherry@allthingsholstic.net) [www.allthingsholstic.net](http://www.allthingsholstic.net)  
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